



# October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 BBQ Meatballs Buttered Noodles	2 Chicken Wraps Spanish Rice	3 Pizza Pasta Garlic Toast	4 Popcorn Chicken Mashed Potatoes	5 French Toast or Pancakes Egg Omelet	6
7	8 Chicken Strips Fries	9 Chicken Patty Buns Chips	10 Cinnamon Rolls Hamburger Soup	11 Tator Tot Hotdish Dinner Rolls	12 Chicken Nuggets Fries	13
14	15 Chicken or Cheese Quesadillas Tator Tots	16 Deli Sandwiches Chips	17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL	20
21	22 Hamburger Patty Buns Fries	23 Deli Sandwiches Chicken Noodle Soup	24 Hamburger Hotdish Dinner Rolls	25 Popcorn Chicken Mashed Potatoes	26 Fish Sticks Mac-n-Cheese	27
28	29 Crispitos Spanish Rice	30 Chicken Nuggets Hashbrowns	31 Hotdogs Buns Chips 			
						<b>MENU SUBJECT TO CHANGE.</b>

The Daily Salad Bar includes the following items:

Lettuce, Red, Yellow, and Green Peppers, Carrots, Broccoli, Cauliflower, Celery, Cucumbers, Tomatoes, Hard Boiled Eggs, Cubed Cheese, Cottage Cheese, Peas, Onions, and Beans

Two choices of Fruit: one fresh and one canned.

Choice of Milk, Apple Juice, Orange Juice, or Water